

MADHA DENTAL COLLEGE AND HOSPITAL
MADHA NAGAR, SOMANGALAM ROAD
KUNDRATHUR, CHENNAI

3 Days Course
26 MAY, 8 JUNE, 16 JUNE 2019

INNER ENGINEERING
MDCH-VAG-07



Organizing Team

Dr.G.Sivakumar, Professor and HOD
Dr.R.Sarangarajan, Professor
Dr.K.T.Shanmugam, Reader
Dr.M.Sivakumar, Reader
Dr.G.Kesavan, Senior lecturer
Dr.R.Raghini, Senior Lecturer

Post-Graduate students

Dr.K.Shariffa, Dr.V.Sangeetha
Dr.S.Prasanna, Dr.Raja Rajeshwari
Dr.P.Nandagopal, Dr.Preetha

Registration Incharge

Dr.M.Sivakumar
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Lion.Dr.S.Peter
Chairman



Mrs.Mercy Florence Peter
Vice-Chairperson



Mr.Ajay Ravindra Kumar
Managing Director



Dr.Sainath.M.C
Principal

DAY 1

9.00 AM
REGISTRATION
10 AM
INAUGURATION
10.30 AM - 11.30 AM
MECHANICS OF LIFE -1
11.30 AM - 12.00 PM
TEA BREAK
12.00 - 2.00 PM
MECHANICS OF LIFE -2

Speaker: Dr.G.Sivakumar,
Professor and HOD,
Madha Dental College and Hospital

DAY 2

9.00AM - 11.00 AM
IMPORTANCE OF ASANAS
11.00 AM - 11.30 AM
TEA BREAK
11.30-2.00 PM
EXPERIMENT WITH INNER
ENGINEERING TOOLS

Speaker: Dr.Sarangarajan,MDS
Professor,
Madha Dental College and Hospital

DAY 3

9.00 AM - 11.00 AM
TEACHING OF ASANAS- SESSION 1
11.00 AM - 11.30 AM
TEA BREAK
11.30-1.00 PM
TEACHING OF ASANAS- SESSION 2
1.00 - 2.00 PM
LUNCH BREAK
2.00 - 3.00 PM - TEST HOUR
3.00 - 4.00 PM - FEEDBACK AND
CERTIFICATE DISTRIBUTION

Speaker: Dr.K.T.Shanmugam,MDS
Professor,
Madha Dental College and Hospital