



MADHA DENTAL COLLEGE AND HOSPITAL  
MADHA NAGAR, SOMANGALAM ROAD  
KUNDRATHUR, CHENNAI

3 Days Course  
12 March, 9 April, 14 May 2022

## **MENTAL HEALTH IN STUDENT LIFE MDCH - VAC - 23**

### Organizing Team

Dr.G.Sivakumar, Professor and HOD  
Dr.R.Sarangarajan, Professor  
Dr.M.Sivakumar, Reader  
Dr.R.Raghini, Senior Lecturer

### Post-Graduate students

Dr.Ayisha Neloufar, Dr.Rajshri  
Dr.Razwia, Dr.Sujitha  
Dr.Ramba, Dr.Manisha

### Registration Incharge

Dr.M.Sivakumar  
9655273470  
madhaoralpathology@yahoo.com





Lion. Dr. S. Peter  
Chairman



Mrs. Mercy Florence Peter  
Vice-Chairperson



Mr. Ajay Ravindra Kumar  
Managing Director



Dr. Sainath. M. C.  
Principal

### DAY 1

9.00 AM

REGISTRATION

10 AM

INAUGURATION

10.30 AM - 11.30 AM

MENTAL HEALTH IMPORTANCE

11.30 AM - 12.00 PM

TEA BREAK

12.00 - 2.00 PM

PHYSICAL WELL-BEING

Speaker: Dr. G. Sivakumar,  
Professor and HOD,  
Madha Dental College and Hospital

### DAY 2

9.00AM - 11.00 AM

MENTAL WELL-BEING

11.00 AM - 11.30 AM

TEA BREAK

11.30-2.00 PM

SOCIAL WELL-BEING

Speaker: Dr. M. Sivakumar, MDS  
Professor,  
Madha Dental College and Hospital

### DAY 3

9.00 AM - 11.00 AM

ANXIETY DISORDERS

11.00 AM - 11.30 AM

TEA BREAK

11.30-1.00 PM

MOOD DISORDERS

1.00 - 2.00 PM

LUNCH BREAK

2.00 - 3.00 PM - TEST HOUR

3.00 - 4.00 PM - FEEDBACK AND  
CERTIFICATE DISTRIBUTION

Speaker: Dr. Sarangarajan, MDS  
Professor,  
Madha Dental College and Hospital