



YOU ARE CORDIALLY INVITED TO THE
PROGRAM
SELF MOTIVATION IN EVERY DAY PRACTICE

Course code: MDCH-VAC-
29

VENUE : MADHA DENTAL COLLEGE
AUDITORIUM

DATE : 29.04.2023 , 13.05.2023 & 27.05.2023

TIMING : 09.00 AM – 03.00 PM



29.04.2023 –

9.00 - 9.15 AM : Inauguration

9.15 – 10.45 AM : TOPIC I :

MOTIVATIONAL AIDS

Dr. Deepak Abraham Pandiyan MDS, (PROFESSOR)
(Madha dental college & hospital, Department of OMFS)

10.45-11.00 AM : Tea Break

11.00 to 12.30 PM : TOPIC II :

HOW TO KNOW YOUR COMFORT ZONE

Dr. N. Deenadayalan MDS, (READER)
(Madha dental college & hospital, Department of OMFS)

12.30 to 1.30 PM LUNCH

1.30 to 2.30 PM : TOPIC III:

PROBLEM ASSESSMENT AND ANALYSIS OF SITUATION

Dr. C. Chandoorya MDS (SENIOR LECTURER)
(Madha dental college & hospital, Department of OMFS)

2.30 to 3.00 PM : DISCUSSION

13.05.2023 –

9.00 - 9.15 AM : Inauguration.

9.15 – 10.45 AM : TOPIC I

BALANCE OF PERSONAL AND PROFESSIONAL LIFE

Dr. C. Satheesh MDS, (PROFESSOR)

(Madha dental college & hospital, Department of OMFS)

10.45-11.00 AM : Tea Break

11.00 to 12.30 PM : TOPIC II

NEUROSCIENCE OF LEARNING AND MEMORY

Dr. K.P.Karthik MDS, (SENIOR LECTURER)

(Madha dental college & hospital, Department of OMFS)

12.30 to 1.30 PM LUNCH

1.30 to 2.30 PM : TOPIC III:

MANAGING TIME EFFICIENTLY

Dr. R. Priyanka MDS (SENIOR LECTURER)

(Madha dental college & . hospital, Department of OMFS)

2.30 to 3.00 PM : DISCUSSION

09.07.2022 -

9.00 - 9.30AM : Inaugration

9.30 - 11.00 AM : TOPIC I

CONVERTING DREAM INTO ACTION PLAN

Dr. C.Satheesh MDS, (PROFESSOR)

(Madha dental college & hospital, Department of OMFS)

11.00-11.30 AM : Tea Break

11.30 to 1.00 PM : TOPIC II

PROBLEM SOLVING SKILLS

Dr. K.P.Karthick MDS, (SENIOR LECTURER)

(Madha dental college & hospital , Department of OMFS)

1.00 to 2.00 PM : LUNCH

2.00 to 2.30 PM : QUESTIONNAIRE SESSION

2.30 to 3.00 PM : DISCUSSION